

COUNTRY GIRL SHAKE

Choreographed by: Michele Adlam & Maria Hennings Hunt

Music: **Country Girl (Shake It For Me)** by **Luke Bryan**

Descriptions: 32 count - 4 wall - Beginner/Intermediate level line dance

Walk, Walk, Hip Bumps, Rock Recover, Shuffle ½ Turn Right

- 1-2 Walk forward RF (right foot), walk forward LF (left foot)
- 3&4 Step forward on RF, and bump right hip forwards, back, forwards
- 5-6 Rock forward on LF, recover on RF
- 7&8 Step LF ¼ turn right, close Rf to LF, step RF ¼ turn left **(6:00)**

Walk, Walk, Hip Bumps, Rock Recover, Chasse ¼ Turn Left

- 1-2 Walk forward RF, walk forward LF
- 3&4 Step forward on RF and bump right hip forwards, back, forwards
- 5-6 Rock forward on LF, recover on RF
- 7&8 Step RF to side turning ¼ to left, close LF to RF, step RF to side **(3:00)**

Cross Rock ¼ Turn, Mambo ½ Turn, Forward Mambo, Hip Bumps

- 1&2 Cross rock RF over L, recover RF, turn ¼ to right stepping onto RF
- 3&4 Rock forward on LF, recover RF turn ½ turn left stepping onto LF **(12:00)**
- 5&6 Rock forward on RF, recover, step back on RF
- 7&8 Bump hips forward, back, forward (weight ends on Left)

Heel & Heel & Heel Grind ¼ Turn, Coaster Step, Shuffle Full Turn Right (Or Just Shuffle)

- 1&2& Right heel forwards, step RF in place, left heel forwards, step LF in place
- 3-4 Right heel grind ¼ turn right, recover on LF
- 5&6 Step back RF, close LF to RF, step RF forwards
- 7&8 Turning ½ right, step LF forwards, close RF to LF, turn ½ right stepping LF forwards

*** Alternative ending for non-turners – Shuffle Forward Left**